# NURSE'S Notes

## SMK Elementary

Winter 2020

#### Student Illness

Below is a reminder regarding when to keep your child home from school:

- -Fever over 100.0 degrees -Student should be fever free for 24 hours, without the use of fever reducers such as Tylenol, before returning to school.
- -Vomiting and/or diarrhea- Student should be symptom free for 24 hours before returning to school.
- Contagious infections, such as conjunctivitis (pink eye) or strep throat, need to be treated with medication for 24 hours before returning to school.
- Suspected head lice.

If you are questioning if your child should stay home, please feel free to call the Nurse's office.



#### Water

It is encouraged that a water bottle be sent in to school for students to use throughout the day. There are several spots bottles can be refilled throughout the day.



### **Dental Program**

The Smile Program Mobile Dentist will be visiting the Ware Public Schools March 16<sup>th</sup>-20<sup>th</sup>. It is not too late to sign up. Applications for the program can be requested from the nurse to be sent home with your child.



### Head Lice

Please continue to check your children at least weekly for head lice. Information about head lice went home in the beginning the school year regarding checking your child's head and how to treat if needed. Please visit wareps.org under SMK School Nurse if you need to access this information.



#### Nurse's Notes

# Clothing/Shoes

The Nurse's office is taking donations of gently used clothes. Currently, we need boy's and girl's pants sizes 5-12. These clothes are used if a student needs a change of clothes during the day for various reasons.

If your child does borrow clothes during the school day, please wash and return them.

Please be sure your child is wearing appropriate footwear on gym days. Flip flops and open toe shoes are not permitted per school dress code.

#### Hearing/ Vision Screening

Hearing and Vision Screenings are complete for this school year. If your child did not pass a screening you would have received notification. Please seek further evaluation if your child did not pass a screening.

# Calling all Nurses!!!!

The Ware Public Schools are in need of substitute nurses for field trips and/or working in the health office. To apply, please go to wareps.org and click on Employment Opportunities. Please feel free to call and speak with the Nurse if you have any questions.



Please feel free to contact the School Nurse with any questions.

Jennifer Knight, M.Ed., BSN, RN, NCSN jknight@ware.k12.ma.us
413-967-6236

